

## **Access Health Connecticut**

High Deductible Health Plan Task Force Discussion December 18, 2019



# About Access Health CT (AHCT)

- Access Health Connecticut is a place where individuals, families and small businesses can shop, compare and enroll in quality healthcare plans from brand-name insurance companies.
  - And it's the only place to qualify for financial help, to lower consumer costs.
- Open enrollment for 2020 plans has been extended through January 15, 2020



## **AHCT Vision and Mission**

### **AHCT Vision**

 The CT Health Exchange supports health reform efforts at the state and national level that provide CT residents with better health, and an enhanced and more coordinated health care experience at a reasonable, predictable cost.

### **AHCT Mission**

 To increase the number of insured residents, improve health care quality, lower costs and reduce health disparities through an innovative, competitive marketplace that empowers consumers to choose the health plan and provider that give them the best value.



## **AHCT Values in Action**

At Access Health CT, it is with our customers and our employees in mind that we seek to promote these collective values and to live by these behaviors. Our culture of acceptance welcomes and values everyone. We challenge the status quo to find new ways to grow and improve our community, our company and ourselves. Our people take pride in the service we provide, and in the spirit of the common good that we share.

Authenticity	Integrity	Excellence	Ownership	One Team	Passion
Act with sincerity, credibility and self-awareness.	Commit to doing the right thing with genuine intention.	Aim high and challenge the status quo.	Take responsibility and initiative.	Collaborate to succeed.	Dedication to creating opportunities for greater health and well-being.



## **Connecticut Insured Population Estimates**

Category	Insured Estimate	Reference
Civilian noninstitutionalized population		American Community Survey estimate*
(insured estimate)	3,336,919	American Community Survey estimate*
Projected enrollment Individual market	111,002	Carrier Rate Filings (Insured plans)**
Projected enrollment Small Group market	120,080	Carrier Rate Filings (Insured plans)**
SUBTOTAL	3,105,837	SUBTOTAL
Medicare	633,696	American Community Survey estimate***
Medicaid	725,230	American Community Survey estimate***
VA	56,670	American Community Survey estimate***
Estimated remainder (presumably large group/self-insured)	1,690,241	

\* ACS data table ID S2701 for Connecticut (2018 1-year estimate)

\*\*Projected enrollment information extracted from Unified Rate Review Template (URRT) included in carrier rate filings submitted to Connecticut Insurance Department (CID) for 2020 Exhibits available at: <u>https://www.catalog.state.ct.us/cid/portalApps/HCfiling2020.aspx</u> • Individual Market projected enrollment for 6 HSA compatible plans filed with CID for 2020: 22,625



\*\*\*ACS data table ID S2704 for Connecticut (2018 1-year estimate)

## Plan Design, Consumer Education and Decision Support Tools



### 2020 AHCT Standard Plans That Do Not Qualify as HDHP: Example 1

	AHCT 2020 Standard Gold
Plan Overview	In-Network (INET) Member Pays
Medical Deductible: Individual	\$1,300
Prescription Drug (Rx) Deductible: Individual	\$50
Out-of-Pocket (OOP) Maximum: Individual	\$5,250
Provider Office Visits (Primary Care, Mental & Behavioral Health, Substance Abuse)	\$20 copayment per visit
Specialist Office Visits	\$40 copayment per visit
Tier 1 Prescription Drugs (Retail)	\$5 copayment per script
Urgent Care Center or Facility	\$50 copayment per visit

#### Feature compared to IRS guidance:

IRS guidance pertains to 'in-network'

Below the minimum annual deductible threshold outlined in IRS guidance
Separate Rx deductible is less than threshold per IRS guidance
OOP is less than maximum threshold outlined in IRS guidance

Deductible does not apply to these services...under a HDHP, all services except for preventive care must be subject to plan deductible to be in accordance with IRS guidance

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### 2020 AHCT Standard Plans That Do Not Qualify as HDHP: Example 2

	AHCT 2020 Standard Silver
Plan Overview	In-Network (INET) Member Pays
Medical Deductible: Individual	\$4,300
Prescription Drug (Rx) Deductible: Individual	\$250
Out-of-Pocket (OOP) Maximum: Individual	\$8,150
Provider Office Visits (Primary Care, Mental & Behavioral Health, Substance Abuse)	\$40 copayment per visit
Specialist Office Visits	\$60 copayment per visit
Tier 1 Prescription Drugs (Retail)	\$10 copayment per script
Urgent Care Center or Facility	\$75 copayment per visit

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#### Feature compared to IRS guidance:

IRS guidance pertains to 'in-network'

Meets the minimum annual deductible threshold outlined in IRS guidance Separate Rx deductible is less than threshold per IRS guidance OOP is greater than maximum threshold outlined in IRS guidance

Deductible does not apply to these services...under a HDHP, all services except for preventive care must be subject to plan deductible to be in accordance with IRS guidance

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### **2020 AHCT Standard Plans That Do Not Qualify as HDHP: Example 3**

	AHCT 2020 Standard Bronze
Plan Overview	In-Network (INET) Member Pays
Medical/Prescription Drug Deductible: Individual	\$6,200
Out-of-Pocket (OOP) Maximum: Individual	\$8,150
Provider Office Visits (Primary Care, Mental & Behavioral Health, Substance Abuse)	\$40 copayment per visit
Specialist Office Visits	\$60 copayment per visit after INET plan deductible is met
Tier 1 Prescription Drugs (Retail)	\$10 copayment per script
Urgent Care Center or Facility	\$75 copayment per visit

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#### Feature compared to IRS guidance:

IRS guidance pertains to 'in-network' Meets minimum annual deductible threshold outlined in IRS guidance OOP is greater than threshold outlined in IRS guidance

Deductible does not apply to these services...under a HDHP, all services except for preventive care must be subject to plan deductible to be in accordance with IRS guidance

Service subject to plan deductible in accordance with IRS guidance

Deductible does not apply to these services...under a HDHP, all services except for preventive care must be subject to plan deductible to be in accordance with IRS guidance



### 2020 AHCT Standard Plan That Does Qualify as HDHP

	AHCT 2020 Standard Bronze HSA
Plan Overview	In-Network (INET) Member Pays
Medical/Prescription Drug Deductible: Individual	\$5,685
Out-of-Pocket (OOP) Maximum: Individual	\$6,550
Provider Office Visits (Primary Care, Mental & Behavioral Health, Substance Abuse)	10% coinsurance per visit after INET plan deductible is met
Specialist Office Visits	10% coinsurance per visit after INET plan deductible is met
Tier 1 Prescription Drugs (Retail)	10% coinsurance per visit after INET plan deductible is met
Urgent Care Center or Facility	10% coinsurance per visit after INET plan deductible is met

#### Feature compared to IRS guidance:

IRS guidance pertains to 'in-network' Meets minimum annual deductible threshold outlined in IRS guidance OOP is less than maximum threshold outlined in IRS guidance

Services subject to plan deductible in accordance with IRS guidance

## **AHCT Consumer Education: Examples**

#### Campaign: "Choose.Use.Be Well"

#### Access Health CT Launches 'Choose. Use. Be Well.' Campaign

Bi-lingual campaign focuses on preventive care and benefits of using plan benefits

- The campaign highlights the importance of Choosing a Primary Care Physician (PCP), Using the preventive services included in the plans, so that
  residents can Be Well and live a healthier life.
- · Connecticut residents can use a tool to find a doctor or get more information by visiting ChooseUseBeWell.com.

HARTFORD, Conn. (May 20, 2019)—Access Health CT (AHCT) today announced the launch of the new "Choose. Use. Be Well." campaign to help educate Connecticut residents about the importance of preventive care and plan benefit utilization.

#### AHCT Flyer: "After you enroll"

#### Get the most from your healthcare coverage

Start by choosing a primary care doctor from your insurance company's provider directory, and schedule your annual checkup. Make sure you:

- Take advantage of key in-network preventive care visits, which are covered 100% and can help you stay healthy
- Use in-network providers and benefits whenever possible
- Save money with generic drugs and mail-order programs if offered

- Call your insurance company directly with questions or to learn more about resources available to you
- Always pay your premiums on time to avoid coverage delays or lapses

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#### Additional Information

For detailed pricing, please provide the optional information below.

#### Is the applicant **pregnant**?

Learn about plans and coverage options

Step 1: Enter basic information that will help to identify the plans available where you live and if you qualify for financial assistance

Step 2: Browse the health insurance plans to review the coverage and costs

Find Help: Call a broker for help in selecting a plan or go to an enrollment center for help in completing the application



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### Consumer Decision Support Tool

Can give consumer information to determine which plan may best suit their needs

Phase 1: Enter information on expected number of doctor visits, laboratory and imagining tests, surgeries or procedures and prescription drugs



Phase 1

## **Step 2: Browse Insurance Plans**

	u Would Like Covered By Yo		Skip to See Plans >
e can check if a plan inclue	les your doctors in their netwo	rk. Add up to 5 doctors below a	nd we will check for you.
earch by doctor name	Any miles	• of zip code	
I also make sure the doctor or it a doctor or provider is in the arding the accuracy of the pro alth plan network. checking "Next", you acknowl irce of information for health i	provider is in the plan network at th network for all plans offered by a pa wider directories on this website. Th edge that you understand: The resu nsurance decisions. You should con	articular insurance company. Access I	ge from plan to plan do not assume lealth CT makes no warranties y from the insurance company for each ol is not intended to be your only ealth insurance plan, including
			)
			< Back Reset Next >
Step 1: Enter Basic Information	Step 2: Browse Insurance Plans	Step 3: Apply for Health Coverage	< Back Reset Next > Step 4: Confirm Plans
Enter Basic Information	Browse Insurance Plans	Apply for Health Coverage	Step 4: Confirm Plans
Enter Basic Information	Browse Insurance Plans	Apply for Health Coverage Your New Plan?	Step 4: Confirm Plans
Enter Basic Information	Browse Insurance Plans	Apply for Health Coverage Your New Plan?	Step 4: Confirm Plans
Are There Any Prescription	n Drugs You Want Covered By plan covers your prescription Atorvastatin	Apply for Health Coverage Your New Plan?	Step 4: Confirm Plans
Are There Any Prescriptio We can check to see if a For example, Lipitor or Selected Prescrip Note: The health plan's drug with the insurance company	Browse Insurance Plans In Drugs You Want Covered By I plan covers your prescription Atorvastatin I tion Drugs I formulary may change during the y for the most up-to-date informatic	Apply for Health Coverage Your New Plan? drugs. Add up to 5 prescriptions year so your coverage for a specific mon. Some drugs covered by health plan	Step 4: Confirm Plans           Skip to See Plans >           below and we will check for you.

### Consumer Decision Support Tool

### Phase 2: Enter names of doctors

### Phase 3: Enter names of prescription drugs

Phase 2

Phase 3



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### Consumer Decision Support Tool

An indicator will display for each entry to show whether the plan includes the doctor and/or prescription drug



## **Step 2: Browse Insurance Plans**

Соп	nectiC	are		
	Annual Out-Of- Pocket Max		Primary Care Visit	Annual Deductible
423.45	<b>\$</b> 8150	45%	\$40	\$5400
	tors			Add Doclor

PLANQUALITY EXTINC: ** Provide Market Mark Boom Primary Care Annual Deductible Providen 497.10 \$8150 50% \$30 \$6500	METAL LE	them.	• 🛡		<u>Hun Details</u>
497.10 \$8150 50% \$30 \$6500	mated Hontbly	Annual Out-Of-	Emergency		
	497.10	\$8150	50%	\$30	\$6500

Benefits	In-Network (INET) Member Pays	Out-of-Network (OON) Member Pays
Provider Office Visits		
Adult/Pediatric Preventive Visits	No cost	50% coinsurance per visit
Primary Care Provider Office Visits (includes services for illness, injury, follow-up care and consultations)	At a Sanitas Medical Center: No cost All other in-network: \$40 copayment per visit	50% coinsurance per visit after OON plan deductible is met
Specialist Office Visits	\$60 copayment per visit after INET plan deductible is met	50% coinsurance per visit after OON plan deductible is met
Mental Health and Substance Abuse Office Visits	\$60 copayment per visit	50% coinsurance per visit after OON plan deductible is met

Benefit	In-Network (INET) Member Pays	Out-of-Network (OON) Member Pays
Provider Office Visits		
Adult/Pediatric Preventive Visits	No Cost	50% Coinsurance per visit
Primary Care Provider Office Visits (includes services for illness, injury, follow-up care and consultations)	\$30 Copayment per visit	50% Coinsurance after OON plan Deductible is met
Online Web Visits	\$10 Copayment per online visit	50% Coinsurance after OON plan Deductible is met
Specialist Office Visits	\$70 Copayment per visit after INET plan Deductible is met	50% Coinsurance after OON plan Deductible is met
Mental Health and Substance Abuse Office Visits	0% Coinsurance per visit after INET plan Deductible is met	50% Coinsurance after OON plan Deductible is met

Browse to look at plan cost sharing

Cost sharing for health insurance plans differs by benefit and type of plan

All plans are reviewed and approved by the Connecticut Insurance Department before they can be displayed on the AHCT website

### **Step 2: Browse Insurance Plans**



Browse to look at in-network providers

Link from AHCT website to the carrier's own online provider directory



## **Enrollment Information**

#### What do I need to enroll? -

Get organized by checking off each item. For more information about what you need to provide, visit Learn.AccessHealthCT.com/Verification-Help

- Social Security numbers for all family members who need coverage
- Citizenship or immigration status and certificate of naturalization or immigration document number, if applicable
- Tax returns for previous years, to estimate annual Modified Adjusted Gross Income (MAGI)
- Employer information and recent paychecks or profit and loss statement (if self-employed), to estimate annual Modified Adjusted Gross Income (MAGI)
- Healthcare coverage information like policy numbers for any current health insurance plans covering members of your household, and information about employer-sponsored health plans for which you or anyone in your household may be eligible

### How do I enroll?

To shop, compare and enroll: • AccessHealthCT.com and click Compare Plans

Find Us – Find free in-person enrollment help: • Learn.AccessHealthCT.com/Findus

Find Brokers and Enrollment Specialists: • AccessHealthCT.com and click Find Help

Phone: 1-855-392-2428 • Monday - Friday: 8am - 8pm • Saturdays: 9am - 3pm

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### Step 3: Apply for Health Coverage

Have the information handy that is used to identify the plans available where you live and if you qualify for financial assistance



## **Apply for Coverage**



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### Step 3: Apply for Health Coverage

### Step 4: Confirm Plan





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Ask a question

Type your question here...

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Look for a location where enrollment assistance is available to complete an application or select a plan

There is no charge for enrollment assistance



## **Annual Premium + MOOP Estimates\***

2020 Standard Plan Prei the Individua		•	st Sharing in	Ag	e 21	Ag	e 45	Age	e 60
PLAN FEATURE → PLAN ↓	Deductible: Individual (Medical)	Deductible: Individual (Rx)	Maximum Out-of-Pocket (MOOP): Individual	Annual Premium	Annual Premium + MOOP	Annual Premium	Annual Premium + MOOP	Annual Premium	Annual Premium + MOOP
<b>Standard Gold - Carrier 1</b>	\$1,300	\$50	\$5,250	\$9,485.64	\$14,735.64	\$13,697.28	\$18,947.28	\$25,744.08	\$30,994.08
<b>Standard Gold - Carrier 2</b>	φ1,300	φ <b>3</b> 0	φ3,230	\$7,160.64	\$12,410.64	\$10,339.92	\$15,589.92	\$19,434.00	\$24,684.00
Standard Silver 70% AV Level - Carrier 1				\$5,714.40	\$13,864.40	\$8,251.56	\$16,401.56	\$15,508.92	\$23,658.92
Standard Silver 70% AV Level - Carrier 2	\$4,300	\$250	\$8,150	\$5,571.48	\$13,721.48	\$8,045.16		\$15,120.96	\$23,270.96
Standard Bronze - Carrier 1	\$6,200	Included in	\$8,150	\$4,953.84	\$13,103.84	\$7,153.32	\$15,303.32	\$13,444.68	\$21,594.68
Standard Bronze - Carrier 2	φ0,200	Medical	φο, 150	\$3,809.88	\$11,959.88	\$5,501.52	\$13,651.52	\$10,340.04	\$18,490.04
Standard Bronze HSA - Carrier 1	the core Included in	in \$6,550	\$4,767.36	\$11,317.36	\$6,884.04	\$13,434.04	\$12,938.64	\$19,488.64	
Standard Bronze HSA - Carrier 2	\$5,685	Medical		\$4,092.00	\$10,642.00	\$5,908.80	\$12,458.80	\$11,105.64	\$17,655.64

\*Non-subsidized enrollee residing in Fairfield County with income >250% FPL for 2020 with covered EHB in-network only claims exceeding \$8150 during the year *NOTE: Additional non-standard plans are available in the Individual Market through AHCT* 

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## Plan Deductible: Employer Cost Shift

#### Employer Health Benefits 2019 ANNUAL SURVEY

#### FIGURE F

Percentage of Covered Workers Enrolled in a Plan with a General Annual Deductible of \$2,000 or More for Single Coverage, by Firm Size, 2009-2019



\* Estimate is statistically different from estimate for the previous year shown (p < .05)

NOTE: Small Firms have 3-199 workers and Large Firms have 200 or more workers. These estimates include workers enrolled in HDHP/SOs and other plan types. Average general annual deductibles are for in-network providers.

SOURCE: KFF Employer Health Benefits Survey, 2018-2019; Kaiser/HRET Survey of Employer-Sponsored Health Benefits, 2009-2017

### "Employer Health Benefits Summary on Findings"

Kaiser Family Foundation: September 2019



# Medical Loss Ratio (MLR)

- The Affordable Care Act requires health insurance issuers to:
  - submit data on the portion of premium (i.e., MLR) used to pay for covered medical services and quality improvement
  - spend at least 80% (Individual & Small Group Markets) or 85% (Large Group Market) of premium dollars on medical care/quality improvement, unless an alternate standard has been approved in the state
  - provide a rebate to customers when the MLR standard is not met



# **AHCT Input for HDHP Task Force**

- Numerous AHCT health literacy initiatives include Healthy Chats, In-Home events, and Canvassing, to provide healthcare education to the community
- Navigators are trained and able to assist consumers with health coverage applications through AHCT including completing eligibility and enrollment forms
  - They do not provide recommendations on plan selection licensed brokers perform this function
- Federal regulations requiring pricing information be publicly available released November 15, 2019
  - Calendar Year (CY) 2020 Outpatient Prospective Payment System (OPPS) & Ambulatory Surgical Center (ASC) Price Transparency Requirements for Hospitals to Make Standard Charges Public Final Rule
  - Transparency in Coverage Proposed Rule
- AHCT standardized plans for the Individual Market are reviewed annually to comply with CMS guidance
  - These typically include a focus on ensuring plans include some services not subject to the plan deductible and that provide consumers with choice to align with AHCT Mission
- Cost sharing reduction (CSR) plans in the Individual Market through AHCT lower the amount a low-income consumer pays for deductibles, copayments, and coinsurance
  - Included for Silver metal level plans and American Indian/Alaskan Native plans



# **AHCT Input for HDHP Task Force**

- ACA requires preventive care not be subject to plan cost sharing, including for HDHPs
- Offering only HSA-compatible HDHPs through the Exchange is contrary to AHCT Mission to provide a marketplace that empowers consumers to choose the health plan and provider that give them the best value
- AHCT plans eligible for cost sharing reductions would not qualify as HSA-compatible HDHPs
- Consideration of funding of HSAs for subsidized enrollees should examine the possibility of plans not meeting IRS requirements to qualify for HSA (e.g., CSR plans) and potential impact of early withdrawal penalties
- For a plan to be considered a "HDHP", it must meet IRS requirements
  - There are no HDHPs that are not HSA-compatible
- ACA regulations have addressed issues pertaining to value of prescription drug manufacturer coupons counting towards plan out-of-pocket maximum
  - FAQ released by DOL, HHS & IRS in August 2019 indicates the intent to include guidance on this topic in the HHS Notice of Benefit and Payment Parameters for 2021.

